



### **MTGBB Tryout Information**

Student-athletes will be given the first two days of practice to attempt to make the varsity or junior varsity team. The junior varsity team is primarily reserved for freshmen and sophomores but occasionally some juniors may be given the opportunity to play. In very competitive years, the staff may have a first round of player cuts after three try-outs and a second round on day four or five. All student-athletes will know, in advance, if extra days will be used for try-outs. Any student-athletes still competing in their Fall seasons will be given two days upon completion of their season.

On page 2 and 3, you will find the tryout evaluation criteria used to finalize rosters.



## Tryout Evaluation Criteria

<b>GRADE:</b> _____	<b>NAME:</b> _____			
<b>RH / LH</b>	<b>GPA:</b> _____ / 4.0			
<b>RATINGS SCALE:</b>				
<b>1 = POOR</b>	<b>2 = NEEDS IMPROVEMENT</b>	<b>3 = PROFICIENT</b>	<b>4 = STRONG</b>	<b>5 = EXCELLENT</b>

CHARACTER AND CITIZENSHIP						COMMENTS:	SCORE: ___/50
SKILL	RATING						
Shows Hustle	1	2	3	4	5		
Punctual	1	2	3	4	5		
Unselfish	1	2	3	4	5		
Aggressive	1	2	3	4	5		
Coachable	1	2	3	4	5		
Maintains Composure	1	2	3	4	5		
Respectful toward Coaches / Athletes	1	2	3	4	5		
Competitive	1	2	3	4	5		
Sense of Responsibility	1	2	3	4	5		
Academics	1	2	3	4	5		

PHYSICAL ABILITIES						COMMENTS:	SCORE: ___/40
SKILL	RATING						
Strength	1	2	3	4	5		
Speed	1	2	3	4	5		
Endurance	1	2	3	4	5		
Quickness	1	2	3	4	5		
Jumping Ability	1	2	3	4	5		
Balance	1	2	3	4	5		
Footwork	1	2	3	4	5		
Hand Eye Coordination	1	2	3	4	5		

DEFENSE						COMMENTS:	SCORE: ___/50
SKILL	RATING						
ON BALL							
Defensive Stance	1	2	3	4	5		
Foot Speed and Ability to Recover	1	2	3	4	5		
Close-Outs	1	2	3	4	5		
Pressure on Ball	1	2	3	4	5		
On the Balls of Feet	1	2	3	4	5		
OFF BALL							
Awareness of ball and man	1	2	3	4	5		
Shows help and rotates	1	2	3	4	5		
Communication	1	2	3	4	5		
Transition Recovery (Get Back)	1	2	3	4	5		
Willingness to take a charge	1	2	3	4	5		

REBOUNDING						COMMENTS:	SCORE: ___/30
SKILL	RATING						
Court Awareness	1	2	3	4	5		
Proper Positioning / Box-Out / Hold	1	2	3	4	5		



Ball Security	1	2	3	4	5	
Willingness to be Physical	1	2	3	4	5	
Outlet Pass	1	2	3	4	5	
Offensive Crash	1	2	3	4	5	

BALL-HANDLING						COMMENTS:	SCORE: ___/50
SKILL	RATING						
Catch & Rip / Triple Threat	1	2	3	4	5		
Knees Bent / Butt Down	1	2	3	4	5		
Dribbles W/ Fingertips, Not Palm	1	2	3	4	5		
Head Up, Not Looking at Ball	1	2	3	4	5		
RH Dribble	1	2	3	4	5		
LH Dribble	1	2	3	4	5		
Sprint Dribble	1	2	3	4	5		
Directional Change Dribble	1	2	3	4	5		
Dribble Under Pressure	1	2	3	4	5		
Keeps Dribble Low	1	2	3	4	5		

SHOOTING						COMMENTS:	SCORE: ___/50
SKILL	RATING						
"BEEF" Principles	1	2	3	4	5		
FT Shooting	1	2	3	4	5		
Spot-up Shooting	1	2	3	4	5		
Shooting off Dribble	1	2	3	4	5		
RH Lay-up	1	2	3	4	5		
LH Lay-up	1	2	3	4	5		
Quick Release	1	2	3	4	5		
Mid-Range Shooting Accuracy	1	2	3	4	5		
3 Point Shooting Accuracy	1	2	3	4	5		
Can Create Own Shot	1	2	3	4	5		

OFFENSIVE CONCEPTS						COMMENTS:	SCORE: ___/30
SKILL	RATING						
Grasp of New Offense	1	2	3	4	5		
Maintains Good Spacing	1	2	3	4	5		
Cuts Hard, Finds the Open Spot	1	2	3	4	5		
Rotates to Open Window	1	2	3	4	5		
Sprints to Spot on Fast Break	1	2	3	4	5		
Can Play Multiple Positions	1	2	3	4	5		

PASSING						COMMENTS:	SCORE: ___/30
SKILL	RATING						
Bounce Pass	1	2	3	4	5		
Chest Pass	1	2	3	4	5		
Skip Pass	1	2	3	4	5		
Drive and Kick	1	2	3	4	5		
Passing Accuracy	1	2	3	4	5		
Passing Strength	1	2	3	4	5		

**OVERALL COMMENTS:**

\_\_\_\_/330



### **Additional Varsity/Junior Varsity Tryout Information**

**Tryout Dates: A minimum of 2 tryouts will be provided for evaluation. Additional practice dates will be used for evaluation if necessary for determining the final roster.**

<b>Date:</b>	<b>Time</b>	<b>Location</b>
Monday, November 11:	TBD (open gym)	Arena
Wednesday, November 13:	TBD (open gym)	Arena
Friday, November 15:	TBD (tryout)	Arena
Saturday, November 16:	TBD (tryout)	Arena
Monday, November 18:	TBD (1st practice)	Arena

Full calendars will be made available once the teams are selected.

#### **Important Documents:**

All of the following documents can be found under “Athletics” on the school website (<https://www.mtwp.net/district/athletics/>). Items 1-3 are listed under “Related Documents” on the left side of the webpage.

1. Physical Form –Submitted via Healthy Roster
2. Drug Testing Form – (Given to your coach after team is selected)
3. 218.4 Policy Form – (Given to your coach after team is selected)

Junior Varsity and Varsity Tryout questions can be directed to:

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