

Are you interested in learning strategies that support your well-being? Have you wanted to learn more about mindfulness? Then join the counselors for **Mindfulness Group**, a group that will meet Thursdays during rotating periods. Please see the Schoology post in your "Class of" page to sign up for more information.

On Friday, February 24th, from 7:30-11:15 AM (Pds.1-4A), students will have the opportunity to explore engineering careers related to: Biomedical Engineering, Mechanical Engineering, Civil Engineering, and Manufacturing Engineering. Through interactive presentations, engineers will share highlights of their profession and discuss opportunities in their field. To register for **Exploring Engineering Day**, please see your "Class of" schoology page. Seating is limited and is open to students on a first come, first served basis. Registration will close when we reach capacity or by the end of the school day on February 16th.

Students interested in learning more about careers in the live event industry should check out their class of page on schoology to learn about a field trip to Rock Lititz in April. Space is limited - applications to attend this event are open now and will close on March 17th, priority will be given to Juniors and Seniors.

Attention Sophomores: Due to the completion of the Middle School Parking lot, we have increased the number of student parking spaces on campus. We are pleased to announce that parking permits are now available to eligible sophomore students. Parking spaces are available in both the Baseball and Middle School Lots. Parking agreement forms are available on High School page of the district website under Downloads and Documents or in the main office. Please note that the cost for a permit at this time is \$25.00. Contact Mrs. Faller in the main office if you have any questions or concerns.

Attention all students who like to work with technology and help others! **Cyber Seniors** may be the program for you. On March 7th, 21st, and 28th from 3-3:45 we will be attending Brethren Village to help senior citizens with their technology. To learn more about this program, please reach out to Mrs Leisey in the Library!

Attention Freshmen Class: Please check your Class of 2026 Schoology page to take a brief survey about an upcoming fundraiser.

Singing Valentine's are back! Spread the love by purchasing love songs for your friends, significant others, or even your enemies! The MTHS Troubadours will gladly interrupt their classes on Valentine's Day to sing them a sweet song like "Call Me Maybe" or "What Makes You Beautiful." All Valentines will be sold during lunches today until February 10th! Pricing is \$6.00 for one song and \$10.00 for two. All proceeds go to MTPA and the music department.

If you plan on playing a spring school sport in the 2022-2023 school year, for the high school or middle school, we will require a PIAA Physical to be submitted. **The Physical Deadline for Spring Sports is Monday, February 13th!** See the Athletics Page or stop in at the Athletic Department for more information.

There will be an informational meeting for anyone interested in playing softball this spring. The meeting will take place on February 8th, in room 172 from 2:45pm-3:15pm. We look forward to seeing you there!

TODAY'S SPORTS

SPORT	VS	A/H	SITE	GAME TIME	E.D.	BUS TIME
Vrifle	Elizabethtown	H	Rifle Range	4:00		
Frgbasket	Penn Manor	H	Arena	4:00		
Frbbasket	Penn Manor	A	Penn Manor HS	4:00		2:45
Jvbbasket	Penn Manor	A	Penn Manor HS	6:00		4:15
Vbbasket	Penn Manor	A	Penn Manor HS	7:30		4:15
Jvgbasket	Penn Manor	H	Arena	6:00		
Vgbasket	Penn Manor	H	Arena	7:30		